



Bone Formula

VITAMINS AND MINERALS TO BUILD AND MAINTAIN OUR BONE FORMATION

You need calcium to strengthen your bones and vitamin D to help your body absorb calcium. Research shows that vitamin D can provide nutritional benefits in addition to your diet. We need vitamins and minerals to build and maintain our bone formation. And this is where our Bone Formula comes in. It contains vitamin D, which contributes to normal absorption of calcium and phosphorus, vitamin K2 and minerals such as calcium, which contributes to the maintenance of normal bones. This complex blend of vitamins and minerals will provide you all the nutrients you need to develop and maintain normal bones.
 Netto Weight 135g

BENEFITS

- Provides a comprehensive blend of vitamins and minerals to help maintain proper bone structure and function.
- Features high levels of vitamin D and vitamin K2 that work in synergy to enable efficient use of calcium for bone health.
- Rich in calcium, magnesium and zinc, which contributes to the maintenance of normal bones.
- Delivers manganese, which focuses on the normal formation of connective tissue contributing to the maintenance of normal bones.
- High in vitamin C contributing to normal collagen formation for the normal function of bones.

DAILY USAGE

Take three (3) capsules twice daily with food and drink.

WARNINGS

Do not exceed the stated recommended daily dose. A varied and balanced diet and a healthy lifestyle are important. A food supplement should not be used as a substitute for a varied diet. Do not use if safety seal is broken, damaged or missing. Store out of reach of young children. Keep away from heat and humidity. Consult a doctor before using this product if you are pregnant, lactating or under medical treatment.

INGREDIENTS

Calcium carbonate/Magnesium carbonate, Magnesium salts of citric acid, Capsule (Gelatin, Water), Magnesium bisglycinate, Calcium malate, Calcium-L-ascorbate, Bulking agent: Cross-linked sodium carboxy methyl cellulose, Anti-caking agent: Fatty acids, Zinc gluconate, Menaquinone, Anti-caking agent: Silicon dioxide, Manganese bisglycinate, Bulking agent: Microcrystalline cellulose, Cholecalciferol, Cupric gluconate.

Nutrients
 (quantities per recommended daily consumption) **Per 6 capsules**

		% RI*
Vitamin D	10 µg	200%
Vitamin K2	45 µg	60%
Vitamin C	100 mg	125%
Calcium	501 mg	63%
Magnesium	272 mg	73%
Manganese	1 mg	50%
Zinc	5 mg	50%
Copper	0,5 mg	50%

*RI: Reference Intake